

PANEL CONFIGURATION PROCEDURE

Procedure to configure ~~the~~ T-mill from English, 10 MPH, 15% Grade, to any variation of Metric, 12 MPH, or 13% Grade for Stretch units.

DEFAULT CONFIGURATION

The default for these treadmills is English units, 10 MPH speed, and incline of 15% Grade. To reset any panel back to DEFAULT condition:

*Depress the SPEED UP, SPEED DOWN, and START buttons at Power Up.

CONFIGURATION CHANGE

To change the panel configuration, you must:

- 1) Depress **SPEED UP** at Power Up (The Display will say TRUFITNESS).
- 2) Select the following keys in order:

GRADE UP
SPEED UP
START
SCAN (or SELECT/TEST)
SPEED DOWN
STOP

(The Display will Flash TRUFITNESS).

- 3) Select **UNITS**.
GRADE UP = ENGLISH **GRADE DOWN = METRIC**
- 4) Select **SPEED/GRADE**.

START BUTTON **SPEED MAX = 10 MPH**
SCAN BUTTON **INCLINE MAX = 15%**
STOP BUTTON **SPEED MAX = 12 MPH**
SPEED DOWN BUTTON **INCLINE MAX = 15%**
 SPEED MAX = 10 MPH
 INCLINE MAX = 13%
 SPEED MAX = 12 MPH
 INCLINE MAX = 13%

- 5) Remove power from unit.

Hand
Reset
(+)(-)
start