

# EMERGE CONFIGURATION -TREADMILL-

## ⚠ CAUTION:

The Emerge console MUST be properly configured to work with the model on which it is installed. Follow the configuration steps below before attempting to use the equipment.

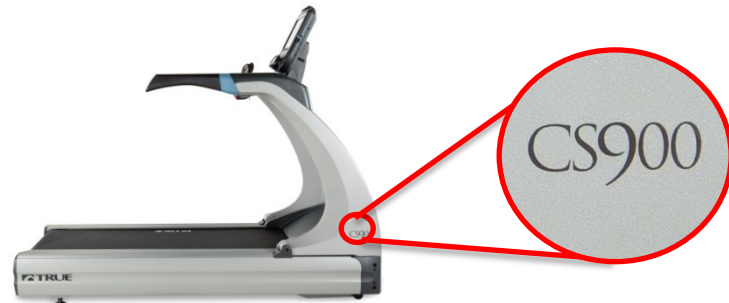
\*For **BIKE** and **ELLIPTICAL** configuration, please see the reverse side of this page.

## EMERGE MODEL LIST:

CS400	CS650 W/DECLINE
CS600	CS900
CS650	CS900 W/DECLINE

## READ THE IMPORTANT SAFETY INSTRUCTIONS IN THE OWNER'S MANUAL BEFORE BEGINNING

1. Identify the model number of the treadmill on which the console is installed (see model number location to the right).



2. Determine if the treadmill is equipped with the Decline Foot option (see photos to the right).

### NO DECLINE



### W/ DECLINE



3. Ensure that the unit is plugged in, the power switch is in the "ON" position and that the safety key is attached.
4. Press and Hold the UP Incline Button until the unit beeps (about 3 seconds). Then release the UP incline key and Immediately press and hold the Enter Button until the unit beeps again (about 3 seconds) and release the Enter button.
5. When the Upper LED Display reads "Maintenance Mode", press the Enter button to enter maintenance mode.
6. Use the Up & Down Incline keys to scroll through the options until the upper LED Display reads "Configuration" and then press the Enter Button to enter the configuration mode.
7. When the default model is shown on the Upper LED Display, Press Enter.
8. Use the + and - Speed buttons to select the model identified in steps 1 and 2.
9. Press the Start Button to save the configuration.
10. When saving is complete, **POWER CYCLE THE UNIT.**
11. Repeat steps 4 and 5 to re-enter maintenance mode.
12. Use the Up & Down Incline buttons to scroll through the options until "Calibration" is displayed on the Upper LED Display.
13. Press the Enter Button to Enter Calibration Mode and then press the Start button to begin the Calibration.
14. After the Calibration is complete, remove and replace the safety key to return to standard user mode.
15. Consult the Owner's Manual for specific operation instructions.

\*For instructions on changing units from American Standard to Metric see Advanced Console Functions in the Owner's Manual

# EMERGE CONFIGURATION –BIKE/ELLIPTICAL-

## ⚠ CAUTION:

The Emerge console MUST be properly configured to work with the model on which it is installed. Follow the configuration steps below before attempting to use the equipment.

\*For **TREADMILL** configuration, please see the reverse side of this page.

## EMERGE MODEL LIST:

XCS400 - Elliptical  
XCS900 - Elliptical  
RCS400 - Recumbent Bike  
UCS400 - Upright Bike  
RCS900 - Recumbent Bike  
UCS900 - Upright Bike

## READ THE IMPORTANT SAFETY INSTRUCTIONS IN THE OWNER'S MANUAL BEFORE BEGINNING

1. Identify the model number of the unit on which the console is installed (see model number location below).



2. Begin pedaling the unit to power on the console.
3. Press and Hold the + Workload Button until the unit beeps (about 3 seconds). Then release the + workload key and Immediately press and hold the Enter Button until the unit beeps again (about 3 seconds). Then release the Enter button.
4. When the Upper LED Display reads “Maintenance Mode”, press the Enter button to enter maintenance mode.
5. Use the + & - Workload keys to scroll through the options until the upper LED Display reads “Configuration” and then press the Enter Button to enter the configuration mode.
6. When the default model is shown on the Upper LED Display, Press Enter.
7. Use the +and - Workload buttons to select the model identified in step 1.
8. Press the Start Button to save the configuration.
9. When saving is complete, press the Stop button twice to return to the Maintenance Mode the press and hold the Stop button to return to standard user mode or stop pedaling and allow the unit to power down completely.

\*For instructions on changing units from American Standard to Metric see Advanced Console Functions in the Owner's Manual